

**Phoenix Christian High School**  
**FNA0920 Dance**  
**Course Scope & Sequence**  
**(Rev. 2011-2012)**

**COURSE DESCRIPTION**

Praising God with Dance. Each student's physical abilities will be challenged and focused toward the primary purpose of integrating the mastery of dance into an atmosphere of worship in Christian ministry.

This is a survey course for various forms of dance which includes, but is not limited to worship dance, ballet, jazz, tap, modern jazz, modern dance, ballroom dance and hip-hop.

**SUPPLEMENTAL MATERIALS (REFERENCE)**

Worship Dance Videos  
Videos of various types of dance

**COURSE SCOPE AND SEQUENCE**

**First Semester**

Unit 1

9 Weeks

*Key Concepts:* Rudimentary and Introductory Level of Development.

- a) Correct body warm-up
- b) Stage directions
- c) Dance history
- d) Muscle functions & vocabulary
- e) Proper diet & nutrition
- f) Beginning ballet & Modern jazz technique & vocabulary
- g) Performance techniques

*Assessments:* Class attendance, attendance of outside performances, responsible partnership and group work, productive use of work time, active classroom discussion, quizzes, homework.

*Biblical Integration:* Study Biblical use of dance, duets, small ensembles, and large ensembles.

Psalm 149:3-4, Ecclesiastes 3:4, Jeremiah 31:4, Mark 6:22, 1 Kings 18:26.

## Unit 2

9 Weeks

*Key Concepts:* Continue to build upon introductory level of development while adding production orientation and concert performance concepts. The goal is to work towards a public performance/concert. We will also discuss how dance can be used in a worship setting and for outreach.

- a) Correct body warm-up
- b) Stage directions
- c) Dance history
- d) Muscle functions & vocabulary
- e) Proper diet & nutrition
- f) Beginning ballet & Modern jazz technique & vocabulary
- g) Performance techniques
- h) Introduction to choreography
- i) Production Orientation
- j) Concert performance

*Assessments:* Class attendance, attendance of outside performances, responsible partnership and group work, productive use of work time, active classroom discussion, quizzes, homework and the addition of performance/concert attendance.

*Biblical Integration:* Study Biblical use of dance, duets, small ensembles, and large ensembles. What are appropriate and inappropriate songs?  
Psalm 149:3-4, Ecclesiastes 3:4, Jeremiah 31:4, Mark 6:22, 1 Kings 18:26.

## **Second Semester**

### Unit 3

9 Weeks

*Key Concepts:* Intermediate Level of Development with a focus on why we do what we do. Continue to discuss how dance can be used in a worship setting and for outreach, focusing on improvisation as a main component of Worship Dance.

- a) Correct body warm-up
- b) Stage directions
- c) Dance history
- d) Muscle functions & vocabulary
- e) Proper diet & nutrition
- f) Beginning ballet & Modern jazz technique & vocabulary
- g) Performance techniques
- h) Introduction to choreography
- i) Improvisation
- j) Production Orientation
- k) Concert performance

*Assessments:* Class attendance, attendance of outside performances, responsible partnership and group work, productive use of work time, active classroom discussion, quizzes, homework and the addition of performance/concert attendance.

*Biblical Integration:* Study Biblical use of dance, duets, small ensembles, and large ensembles. What are appropriate and inappropriate settings?  
Psalm 149:3-4, Ecclesiastes 3:4, Jeremiah 31:4, Mark 6:22, 1 Kings 18:26.

*Key Concepts:* Continuation of the Intermediate Level of Development. Continue to discuss how dance can be used in a worship setting and for outreach.

Possible implementation of a Dance Ministry & Outreach.

- a) Correct body warm-up
- b) Stage directions
- c) Dance history
- d) Muscle functions & vocabulary
- e) Proper diet & nutrition
- f) Beginning ballet & Modern jazz technique & vocabulary
- g) Performance techniques
- h) Introduction to choreography
- i) Production Orientation
- j) Concert performance
- k) Improvisation
- l) Worship Dance
- m) Dance Ministry & Outreach

*Assessments:* Class attendance, attendance of outside performances, responsible partnership and group work, productive use of work time, active classroom discussion, quizzes, homework and the addition of performance/ concert attendance.

*Biblical Integration:* Study Biblical use of dance, duets, small ensembles, and large ensembles. Would your church or youth group be open to worship dance in the proper setting?

Psalms 149:3-4, Ecclesiastes 3:4, Jeremiah 31:4, Mark 6:22, 1 Kings 18:26.

*Additional Biblical Integration:*

Psalms 149:3-4 (KJV) - *Let them praise his name in the **dance**: let them sing praises unto him with the timbrel and harp. For the LORD taketh pleasure in his people: he will beautify the meek with salvation.* The understanding of God's grace should produce in us a desire to exuberantly praise Him. In this psalm, God's people are encouraged to praise God with dancing, singing, and celebration.