

# October 2024

## MS/HS Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1 Baked Ziti, Salad, Veggies Snack	2 Chicken on Rice, Stir- Fry Veggies, Spring Roll	3 Buffalo/Non-Buffalo Chicken Tacos, Chips, Snack	4 French Bread Pizza, Salad, Fruit	5
6	7 Chicken Nuggets, Mac & Cheese, Veggies	8 Walking Taco	9 Ham & Cheese Sliders, Mex. Sopa, Veggies, Saltine Crackers	10 <b>Half Day No Lunch Served</b>	11 <b>Fall Break No School</b>	12
13	14 <b>Fall Break No School</b>	15 Pita Pocket, Bowe Tie Pasta, Veggies, Snack	16 Chicken Tenders, Fries, Garlic Bread, Cole Slaw, Cane Sauce	17 Spaghetti W/Marinara, Salad, Mozzarella Sticks, Bread	18 Cheeseburgers, Chips, Fruit	19
20	21 Teriyaki Chicken Bowl, Rice, Spring Rolls, Veggies	22 Corndog Mac & Cheese, Fruit, Snack	23 Rolled Beef Tacos, Beans, Rice	24 Chicken Sandwich, Chips, Fruit	25 <b>Half Day No Lunch Served</b>	26
27	28 <b>Fall Break Extended No School</b>	29 Chicken Alfredo, Salad, Bread	30 Chili Cheese Fries	31 Ham & Cheese Sliders, Mex. Sopa, Veggies, Saltine Crackers	1	2
3	4	<p><b>Notes:</b> Menu subject to change without notice due to unforeseen circumstances. This institution is an equal opportunity provider.</p> <p><b>Food Allergy Notice: Please be advised that food prepared here may contain these ingredients: Milk, Eggs, Wheat, Soybean, Peanuts, and may contain traces of other nuts and seeds.</b></p>				